



文藻外語大學

WENZAO URSULINE UNIVERSITY OF LANGUAGES

Volunteer in Nepal
Impact the Globe

Course: English 9

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Introduction

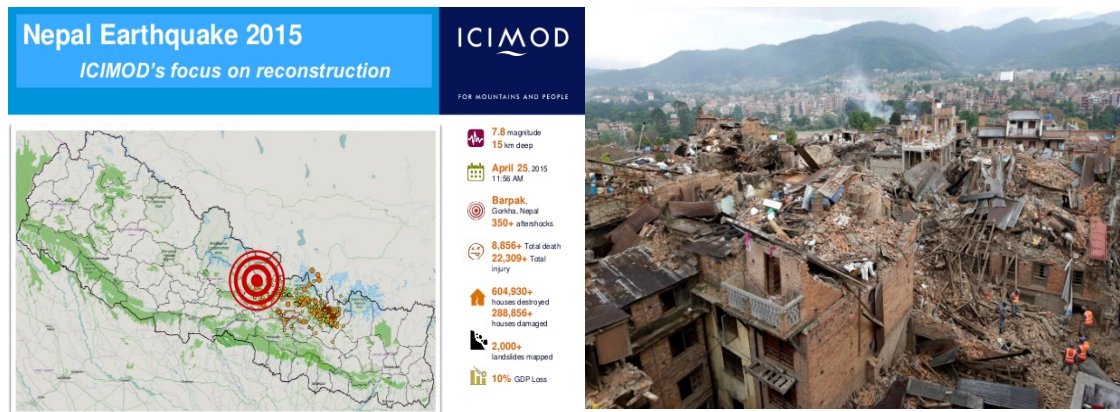
- **The rationale of voluntourism:**

Voluntourism is a new way of traveling. It becomes more and more popular around the world. People volunteer overseas so that they can travel and experience a new culture by contributing to a certain project. A good volunteering program can provide the participants the opportunities to experience new cultures, entertain and contribute to worthy projects. There are many kinds of voluntourism, depending on the skills involved. Education, sports, health, animal health, disaster relief and development are some of the main elements. To the poor societies which are disadvantaged by many causes, such as poverty or natural disasters. Volunteering becomes crucial. This is why volunteering is needed. It all depends on the volunteer program. All in all, voluntourism is kind of budget travel. There are many programs that offer free accommodation and food in exchange for certain services, such as teaching. Voluntourism is a great opportunity to travel around and make a difference in someone's life. Voluntourism is for people who want to love to travel and really explore a place.

- **The rationale of Nepal:**

The categorizations of the least developed countries are based on certain criteria. The three factors of the criteria are related to health, education and economic. There are 47 countries currently designated by the United Nations as the Least Developed Countries to which devotes its annual the Least Developed Countries Report published today. Nepal is one of the least developed countries in the world. Nepal is a country prone to a number of natural disasters. Five years ago, the massive earthquake in April 2015 further undermined efforts to reduce poverty by taking lives of thousands, destroying public and private infrastructures worth billions of dollars. Howev-

er, a lot of people were pushed back to poverty, while thousands more lost their livelihood opportunities for living. More than half of the country's schools were damaged and destroyed, so about a million children were out of school. Therefore, we think that we have to develop the education, local health system, income and basic infrastructure in Nepal by designing English lessons and building some infrastructures.



• An introduction of Nepal:

Nepal is also called Federal Democratic Republic of Nepal. It is in South Asia. It borders China in the north and India in the south, east and west. In this country, people communicate in Nepali. Most people can use English now, and a lot of schools teach students in English. The population of Nepal is twenty-nine million. The biggest religion of Nepal is Hinduism; therefore, caste system appears in this country.



Literature Review

According to Plan International, an NGO, the report points that in Nepal nearly 1 out of 4 people died in the earthquakes were children. Children's homes were destroyed, and more than 600 children lost one or both of their parents. Besides, according to VYA (Vision Youth Action) Taiwan, another NGO, the research mentions that nearly 80% of the population in Nepal works in agriculture, and their annual income is about 730 US dollars.

The main factor of why Nepal is designated as one of the least developed countries in the world is the massive earthquake in April 2015.

We want to take actions to change the situations mentioned above so that Nepalese can live a better life. We want to focus on two parts of sustainable development goals, one is "goal four - quality education." and the other one is "goal eleven - sustainable cities and communities."

• Goal four - Quality Education

VYA project has summarized that the teaching pattern in Nepal now is teacher-centered. So, there is a big academic performance gap between students with good grades and students with bad grades. In addition, there are few job opportunities in Nepal, so there are currently at least 2.2 million Nepalese working overseas. Nepalese are often forced to sign English consent which includes unfair wage and unequal treatment. To solve this problem, we want to design English lessons which combine different types of topics and the interaction with the student to improve not only the students' learning confidence and motivation but also the students' English ability. Karl Theodor Jaspers, a German philosopher had said that "Education is a tree shak-

ing another tree, a cloud to promote another cloud, a soul awakening another soul.”

We believe that through education, Nepalese can learn more knowledge so that they can have more chances to do different jobs which can help them to have a brighter future and improve the economy.

- **Goal eleven - Sustainable Cities and Communities**

As for development of basic infrastructure, both of NGOs, Plan International and VYA Taiwan, have mentioned that the earthquakes in April 2015 destroyed more than 35,000 classrooms and left thousands of children unable to study in a safe and permanent school. Also, they undermined efforts to reduce poverty by taking lives of thousands, destroying public and private infrastructures.” Due to the difficulties mentioned above, we choose to help Nepalese to repair damaged school building. We think that infrastructures are the foundation of economic development and living, so it is very important and necessary.



Method

- Daily schedule

Date	Morning	Afternoon	Evening
Day 1		Taiwan-Hong Kong, Hong Kong-Kathmandu	Taiwan-Hong Kong, Hong Kong-Kathmandu
Day 2	leave for project location (meet the homestay in Nepal)	Community Exploration- explore the villages of Nepal	Homestay- live together with the local people
Day 3	Team discussion- lesson plan discussion & demonstration	Cultural Exchange- Exotic cuisine exchange	Homestay- live together with the local people
Day 4	Education - English lesson		Team discussion- share and review
Day 5	Education - health education		Team discussion- Pre-discussion of tomorrow's classroom repairing plan
Day 6	Classroom repairing plan- paint the wall		Team discussion- Pre-discussion of tomorrow's classroom decorating plan
Day 7	Classroom decorating plan- reading corner & international corner		Leisure time
Day 8	Traveling- Durbar square	Traveling- Boudhanath	Leisure time
Day 9	Traveling- Pashupatinath	Traveling- Nagarkot	Closing ceremony
Day 10	Kathmandu-Hong Kong Hong Kong-Taiwan	Kathmandu-Hong Kong Hong Kong-Taiwan	
Time to get up-7:00 / breakfast -7:30 / lunch-12:00 / supper-18:00 / bedtime-23:00			

- **The concept of Nepal project**

1. Cultural exchange:

When the group arrives Nepal, we will do community exploration to visit the local villages first and have some time to talk with some local people . Then, we will divide each one to a homestay family to experience the daily life with local people and live together with them. In addition, there is an exotic cuisine exchange activity so that we can understand each other's culture better and get familiar with each other.

2. English teaching:

On first teaching day, we will teach students some basic terms which is useful for work because many people in Nepal have to work abroad. Most of the them may not understand the contents of the contract and being treated unfairly. Therefore, we want to teach them some knowledge of this topic. On second teaching day, we will teach students about the health habits, such as washing hand correctly, wearing masks, and so on. During the teachings, we hope students can help each other, and discuss or share their ideas in English. We also provide some teaching materials for them to learn after we leave Nepal and hope the students can enjoy learning.

3. Construction:

In our building plan for the sixth day, we mainly renovated their classrooms. First, we will paint the walls of the classrooms. Children can also paint on the wall with their creativity. It allows them to be creative and gives them a warm learning environment. In seventh day, we will make a reading corner. We will bring some books from the donation that we held and make a reading corner. There will be all kinds of books, such as story books, magazines and so on. Children can also share books from home. We believe that it is helpful to cultivate them to get into the habit

of studying. We will also create an international corner. There will be some international stuff here. Let the children get familiar with English and increase their knowledge and worldwide view. Additionally, we will make a notice board. We will put up some posters about gender equality and health education.

4. Tourism:

On eighth and ninth day of our tour, we will go to Kathmandu, the capital of Nepal. There are seven world heritage sites in Kathmandu. Temples and ancient sites are everywhere. This city is full of historic remains and cultural remains. For example, the Kathmandu Durbar Square, Boudhanath, Pashupatinath, and Nagarkot. Through these two days of traveling, the volunteers can relax and enjoy sightseeing in Nepal so that the volunteers can fully enjoy this journey.

- **How can the design activities achieve our goals**

During our time in Nepal, we would like to improve the education system and sustainable development there. For the education part, because the teaching patterns in Nepal is more teacher centered. We plan to design more activities for students to practice by themselves. Instead of using the traditional type of teaching method, we provide more chances for them to have group discussions so that they will have the opportunities to interact with others. We also organize a placement test at the beginning of our class so we can give them suitable teaching instruction that fits their level. We also select a few topics for the class which is related to the situation in Nepal. Nepal is lack of resources and teacher, we want to give them the basic health and cleaning concept while teaching them English. As for the infrastructure, since there were a lot of earthquakes and civil wars in their country, so the school and classrooms

there are mostly damaged. In order to help them build a suitable environment for learning, we plan some restoration activities that can solve these problems. We will also bring some books to there and build a reading corner for the children to do further reading. The infrastructure project includes painting the walls with the local people and making a bulletin board for them to post any big announcement. We hope that through the activities we do there and the concept we give them can really make some differences for them.

Anticipated results and difficulties

- **Anticipated results:**

Through improving the education system and infrastructure development mentioned above, we think doing the voluntourism in Nepal can not only help them build a suitable environment for learning but also contribute our time to help the local children on learning. But we think the lack of maintenance could be the problem in this program. It is because that a voluntourism project is a larger plan to improve and maintain the community environment. However, it's hard to achieve a long-term sustainability plan in a short time. Besides, this program can give us the opportunity to help others while trying new things we have never tried before. It's a really good way to gain more new experience. Meanwhile, we also get to experience the natural beauty and unique traditions in Nepal.

- **Anticipated difficulties:**

In our voluntourism plan, we want to pay more attention on education and classroom repairing in Nepal. There are some difficulties which we assume we may face when we go there.

Take education aspect as example, it is difficult for us to design lesson plan suit for all the student. Although we plan a placement test for students there, we still might encounter some difficulties since their English proficiency level is low. So it may be a challenge for us to design the lessons. Second, we don't have many teaching resources we can use there. That may influence what we are going to teach and how to teach it. Third, their English may be too poor to communicate or students may not be interested in our lessons. To solve these problems, we have to use our body language to let them know better and design some alternative lessons as much as we can.

As for classroom repairing, there is a main problem we are going to face. We are not expert in building, so we are not familiar with how to repair the classroom. Our solution is that we can take the courses or training classes before we go to Nepal.

Poster



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Job Division and Description

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Poster : Angela

Film : Benjamin, Khym and Mindy

PPT : Lesley